



Dear Participant:

Sprinkler Fitters 696 and the NASI Welfare Fund have partnered with Health Gauge to provide healthcare screenings at NO COST TO YOU.

Who is eligible to participate?

All eligible NASI Welfare Fund Participants, eligible spouses and dependents 18+, and eligible NASI Welfare Fund retirees and beneficiaries (both pre-Medicare and Medicare).

Date and Location

Friday July 10, 2026	12:00pm - 7:00pm	Sprinkler Fitters 669 JATC	14325 NE Airport Way, 115 Portland, OR 97230
Saturday, July 11, 2026	8:00am – 3:00 pm	Sprinkler Fitters 669 JATC	14325 NE Airport Way, 115 Portland, OR 97230

How do I participate?

Step 1: Call Toll Free 515-244-3080 to schedule your health screening appointment.

Or schedule online at <https://NASI.hgscreenings.com>

Step 2: Attend your onsite health screening at the scheduled time.

IMPORTANT: Fasting is NOT required.

Step 3: Ultrasound Results will be provided on the day of the event.

Bloodwork and Biometric Reporting will be available within 10-14 business days.

What should I expect on the day of the screening?

Screenings will be completed in under an hour. When you arrive at the screening, you will be greeted by a Health Gauge staff member. The staff members will check you in. The confidential health screening will include biometrics, such as height, weight, waist and hip measurements, resting pulse, and blood pressure. Non-invasive ultrasound screenings will be performed to identify blockages in the neck, abdomen, and legs. These blockages can lead to stroke and various cardiovascular conditions that can be life threatening and debilitating if left undetected and untreated. Additionally, a comprehensive blood draw will be completed.

These tests are not meant to replace your Primary Care Physician but are meant to improve communication with your Physician at your next appointment.

The Fund Office sincerely hopes the program will provide convenient access that will allow you to take advantage of this benefit.

Please refer to the attached flyer to obtain more details or simply contact Health Gauge at (515) 244-3080 for additional information.

Road Sprinkler Fitters Local Union No. 669

7050 Oakland Mills Road • Suite 200 • Columbia, Maryland 21046
(410) 381-4300 • fax: (301) 621-8045 • www.sprinklerfitters669.org



NASI 669 HEALTH CARE PLAN HOSTS SCREENING TO DETECT YOUR RISK FOR STROKE AT NO COST!!

PLAN PARTICIPANTS & ELIGIBLE DEPENDENTS 18 AND OLDER SCREEN FREE!
(Including eligible NASI Welfare Fund retirees and beneficiaries (both Medicare and Pre Medicare))

Sprinkler Fitters 669 JATC
14325 NE Airport Way, Suite 115
Portland, OR 97230
Friday, July 10, 12:00 PM – 7:00 PM
Saturday, July 11, 8:00 AM – 3:00 PM

NASI 669 - Tema Stethem

I'm a long-time wife of a local 669 member. I came into these screenings not knowing what to expect and was pleasantly surprised. This professional, fun, and efficient team performed several ultrasounds, biometrics, and a full blood draw. I was out the door in under an hour. I was especially surprised that they found a structure on my thyroid nodule that had attached itself to my vocal cords. My doctor was able to remove the nodule before it turned into a much bigger issue. The care and service of Health Gauge is simply amazing!



SCAN ME

To make an appointment (required):

Call 515-244-3080 or visit:

<https://NASI.hgscreenings.com/>

See reverse for a description of the screenings offered!



ULTRASOUND OF
ARTERIES & VESSELS



BLOOD DRAW



BIOMETRICS



COMPREHENSIVE
HEALTH ASSESSMENT

Protect your health and catch hidden risks before symptoms appear



YOUR HEALTH IS OUR PRIORITY

FASTING IS OPTIONAL, NOT REQUIRED!

CARDIOGAUGE

Carotid Artery

Visualizes the buildup of fatty blockage in the carotid arteries. This condition causes the majority of strokes.

Peripheral Artery Disease (ABI)

Checks for blockages in the legs. Abnormal results indicate high risk of coronary artery disease and peripheral arterial disease

Abdominal Aortic Aneurysm (AAA)

Visualizes the existence of an aneurysm in the abdominal aorta, that can rupture and be fatal

BIOGAUGE

Height/Weight

Hip/Waist Circumference

Body Mass Index (BMI)

Blood Pressure/ Pulse

Lipid Panel with Glucose

Full Chemistry Panel

Hemoglobin A1c

Prostate Specific Antigen (PSA) - Men

Thyroid Stimulating Hormone (TSH) - Women



To make an appointment (required):

Call 515-244-3080 or visit:

<https://NASI.hgscreenings.com/>

